



# Booneslick Trail Quilters' Guild



## Quilt-A-Gram

Margaret E. Muegenburg, Editor



### Starlight Piecemakers' Chapter Meeting

**Thursday, December 3, 2015**  
**Doors open at 5:00 PM**  
**Dinner at 6:00 PM**  
**with Festivities to Follow**



### Day Chapter Meeting

**Monday, December 7, 2015**  
**11:30 Doors Open**  
**12 noon Luncheon**  
**1:00 pm Festive Activities**

Hello and Happy Holidays!

Please read closely as I have some important information to update you on. Just in case you were busy quilting and missed it, I am acting as president and programs so my letter here will give you my president's news as well as all the important program information.

First, I know you all made a Sunbonnet Sue block and I can't wait to see them so be sure to bring them to the December meeting. The drawing for the blocks will take place at the Day Chapter meeting since Starlight meets first. There will be no December block.

Our December meeting is of course our holiday dinner. The doors to the church will open at 5:00 to allow for fun and fellowship. We will start announcements at 5:30 and begin dinner at 6:00. Please bring a side dish or dessert to share.

We will draw the winner of the craft/cutting table at 6:45 and then begin with the UFO exchange. I encourage you to bring a project for the exchange it will be lots of fun!

Beginning in January- the doors will open at 5:00 for Starlight Piecemakers. The program/meeting will begin at the usual 7pm. We are opening early to allow for sewing if you want to bring sewing and socializing. We will have tables and drinks set up for hospitality and if you would like to bring an appetizer etc. to share that would be welcome.

*Dawn Heese*  
*President and Program Chair*

*Oh*  
**WHAT FUN!**

### December Holiday Luncheon and Program



We will have a potluck lunch with the meat provided by the chapter (both ham and turkey). Please bring a side dish or dessert of your choice. The doors will open at 11:30, lunch at noon. Bring serving utensil for your dish. We do not have the use of the oven for hot dishes so plan accordingly.

For all who wish to participate there will be a 'blind' ornament exchange. When you arrive there will be small brown lunch bags for you to put your ornament in. The exchange will follow lunch and other activities.

Introducing a special "Dear Quilt Professor" feature. If you have a burning question or are stumped on a quilt making problem now is your chance. Write out the question and turn it in at the membership table or put on your lunch table. We will try to find just the right person to field the questions. Questions that we can't answer on the day we will find the answer and publish in the newsletter.

NO sit and sew in December. The next block for the block exchange will be in the January newsletter.

*Bettina Havig*  
*Day Chapter Program Chair*





## Quilt-A-Gram

Published monthly by Booneslick Trail Quilters' Guild, a not-for-profit organization, established in 1978, and dedicated to educating its members and the community in the art and appreciation of quilt making.

### 2015-2016 BTQG Board of Directors

#### Elected Officers:

CEO	Mindy Smith	573-864-3936 (C)
Vice CEO	Mavis Mitzel	573-445-2259 (H)
Secretary	Janet Sapp	573-652-4145 (H)
Treasurer	Carrol Lewis	573-657-4532 (H)
Day Chapter President	Carol Tummons	573-445-9174 (H)
Starlight Chapter President	Dawn Heese	573-228-8248
Past CEO	Martha Eberhard	573-356-0311 (C)

#### Appointed Chairs:

Day Chapter Program Chair	Bettina Havig	573-819-1774 (C)
President/Starlight Program Chair	Dawn Heese	573-228-8248
Librarian	Louise Bequette	660-651-0114 (C)
Historian	Merril Winfield	573-446-8676 (H)
Service Project	(Program being reviewed/updated)	
Newsletter	Margaret Muegenburg	573-234-7313 (H)
Membership Roster	Sharon Lawler	573-696-0102 (H)
Webmaster	Barb Nixon	573-239-1039 (C)
Membership	Joyce Campbell	918-521-1534 (C)
Hospitality	(Position will not be filled)	
Retreat	Anna Mary Hughes	660-288-3225
Quilt Show	Mindy Smith	573-864-3936 (C)
	Donna Puleo	573-808-6079 (C)

### BTQG Board November Motion

No motions were presented or acted upon.



### TREASURER'S REPORT

Submitted by  
Carrol Lewis, Treasurer  
As of  
October 31, 2015

Checking Acct. Balance	\$18,009.69
Money Market Account	1,033.97
CDs (2)	10,861.32
Total Combine Balance	\$29,904.98
Number of Members 10/31/2015	153
Fiscal Year Beginning Balance	\$13,106.23
FYTD Income	\$9,469.75
FYTD Expenses	(4,566.29)
Checking Acct Bal As of 10/31/15	\$18,009.69

### Membership Updates

Joyce Airsghi  
1924 Lakeview Drive  
Fulton MO 65251  
573-220-0131  
nanajaaz8484@gmail.com  
October 16

Catherine Erlanger  
1110 Doral Drive  
Columbia MO 65203  
573-228-6689 Home  
626-421-8628 Cell  
CEslanger@live.com

Kathy Garrett  
2401 West Rollins Road  
Columbia, MO 65203  
Kegwdg@gmail.com  
March 7

Ida May Anderson  
2807 W. Henley Drive  
Columbia MO 65202  
573-474-5622  
andida.anderson@gmail.com  
March 30



Needed: 100% cotton screen printed t-shirts, any color, for use in a demo to be given at a future Day Chapter meeting. Please give the shirts to Bettina Havig at any future meeting.

# December 2015



Sun-day	Monday	Tuesday	Wed.	Thurs.	Friday	Sat.
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
				Starlight Chapter 5:00 pm doors open 6:00 pm Holiday Dinner Fairview Methodist Church		
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	Day Chapter No Sit and Sew 11:30 am doors open 12 noon Holiday lunch Fairview Methodist Church		Small Wonders No Meeting	Sassy Stitchers No Meeting		
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	Board of Directors Meeting 6:00 pm Daniel Boone Library	Boone Femme Book Group 12:30 pm Lunch at Upper Crust *** Modern Quilt Group 6:30 pm Daniel Boone Library	Newsletter Deadline 5:00 pm			UFO No Meeting
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	EZ2b Stitchers No Meeting	English Paper Piecing No Meeting				
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
				New Years Eve		

**Contacts:** Day chapter, Carol Tummons, 573-445-9174/ Starlight chapter, Dawn Heese, 228-8248/ Board of Directors, Mindy Smith, 573-864-3936/ Newsletter, Margaret Muegenburg, 573-234-7313/ Bonne Femme book group, Bettina Havig, 449-1602/ Small Wonders, Karon Huggler, 443-7410/ Sassy Stitchers, Donna Burriss, 474-4338/ Basic Quilting, Corinne Remeika, 449-7574/ EZ2B Stitchers, Merrill Winfield, 446-8676/ Modern Quilt, Judi Kirkpatrick, 660-734-0358/ Paper Piecing, Joan Westcott, 874-8160 / Mystery Quilt, Bettina Havig, 449-1602/ Redwork, Myrna Powers, 445-0766 OR check directory for email addresses. \* Indicates a closed group.

## Notes from the CEO



Have I told you yet that you are all adorable!.....and how honored and pleased I am to represent you and our guild this year as CEO. I LOVE to think about you. And I believe I can speak for the Board as a whole that they all feel the same. We are so, so proud of all of our guild members. And didn't you do just an excellent job on the most recent pop quiz that was given in our November meetings! Starlight Chapter had a perfect score, but, alas, the Day Chapter missed one....sigh....and you **know** which one I'm talking about. On the whole, all of you were just brilliant! Heads up, though....and stay alert....another "pop quiz" could "pop up" at some point.

AND.....I have great news for you. Louise Bequette has been telling me to read the editorial page of the French quilt magazine, Quiltmania, Issue 109, because it referenced some things we have been discussing recently. (BTW, there is a gorgeous Dawn Heese quilt in there, Belle Mead, p. 64.) I finally bought a copy yesterday and our voracious reader, Louise, was right again. The editorial, written by Carol Veillon, the executive director of Quiltmania, is about the benefits of quilting.

She based her article on a small, but in-depth study conducted by the University of Glasgow that included a quilt group of 29 women. Since it is such a small study, I wanted to see if anyone else had published it.....I looked on line and found it noted in the Journal of Public Health. The conclusion in the Journal of Public Health is that the findings illustrate how creative activities such as quilting can be "a meaningful vehicle for enhancing wellbeing." And that the study sets the foundation for further research into creativity (very, very good news).

The Journal of Public Health article is excellent.....if you are interested in checking it out, it is at <http://jpubhealth.oxfordjournals.org/content/early/2011/06/05/pubmed.fdr041.full>. Carol Veillon's article is excellent as well. She ended it by saying that when we are involved in our quilts, we can now advise those around us that we are in therapy. Of course, my response is, **"Knock it off, I'm in therapy, for crying out loud!"**

One more "great news" item for you that is a reminder.....Mona Stevenson has volunteered to coordinate a program exchange with the Missouri River Quilt Guild in Jefferson City. I am thrilled at their gracious invitation to participate in this with them. Anyway, Mona is working with Rhonda Faris in their guild....we will take our program to them in March next year. Mona will be giving you all the details after the end of the year holidays are all over.

Ok, now I'm done.....I will see all of you at our December holiday dinners. You BTQG chicks **stay gorgeous and stay fierce and stay in your therapy!**!.....our best days are ahead!

Mindy Smith, CEO



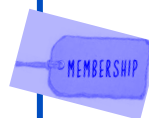
The KMOS Create event was a success thanks to our members who spent time at our demonstration:

Linda Karns, Lauri Murphy, Boo Kula, Caro Neirling, Barb Hawley, Dennis Smith, Barbara Bauman, Corinne Remeika, Nancy Antonio, Debbie Odor, Nancy Gentsch, and Lorna Miller...in no particular order. A couple of other members dropped by to check on the fun. We were having a good time...weren't we Joyce?

We completed 16 Log Cabin blocks for a future service project to be determined.

Bettina Havig, Chairperson

## GET YOUR MEMBERSHIP DIRECTORY



BTQG Membership Directories were available in October for members to take home. If you don't have yours, then get it at either of the chapter meeting holiday meals in December. Pick up your directory at the Membership table. The directories have the calendar of chapter programs for the year, names of members with addresses and phone numbers and emails, list of officers and committee chairs, photos of a majority of our members, and Bylaws and Policies. You can show your name printed in the directory to quilt shops that offer discounts for guild members as proof of your membership, i.e., 10% off at JoAnn's store.

See you in December. Pick up your directory at the Membership table.

Sharon Lawler, Membership Directory Editor for 2015-16





### Day Chapter President's Message

Ladies, you all are the best! You're also honest. When Mindy gave us the test at the November meeting I heard a number of you answer "b" "Let somebody else do it". Well, I feel that way a lot of times, too! I'm happy to report many of you all were inspired to volunteer to help with the Christmas luncheon. Thank you, thank you, thank you!

Our Christmas luncheons are always such a great time to visit and relax. See Bettina's article for all the details about food, serving utensils, times, and activities. This will be little different schedule with the doors opening at 11:30 and eating at noon. (Of course the elves will have to get there a little earlier to have everything ready for us.) Aren't you getting excited?!!!

Do I dare mention bad weather? Remember that if Columbia Public Schools are not in session because of bad weather, we have no chapter meeting that day. Read the first page of our Membership Directory and Handbook for more details about chapter meeting cancellations. Now that we're all prepared for inclement weather we'll have a beautiful day! How many of you all remember three years ago when it was so warm the day of our Christmas luncheon that some members came in short sleeves and those who wore their gorgeous Christmas sweaters almost burned up?

You all are very dear to me! Merry Christmas!

Carol Jean

### Years of Quilting Experience

Two women who recently joined the Guild have interesting lives built around their move to Columbia and the years of quilting.

**Deborah Oder** joined the Guild August thanks to our quilting friends at Appletree Quilting. Moving from Memphis to Columbia two years ago, she decided it was time to join BTQG. Her family of five daughters, one attends Jefferson Middle School, has kept her busy creating the ever needed perfect outfit for a daughter's upcoming event. Deborah began sewing at the age of six and has a vast experience of over 30 years of quilting. She keeps up to date with the newest trends as she sews, quilts and embroiders on her Viking. She finds time to do free motion quilting and all different types of quilts designs.

Jane Lee a long time member of the Guild suggested that **Marilyn Kirby** travel from her farm in Fayette to Columbia to experience the variety of activities and speakers the guild provides. She joined in December, 2014. Like many in the Guild, she has always sewn. She caught the quilting bug in 1980. She is drawn to the ever changing world of quilting with new patterns and the host of fabulous fabrics available today. She has two grown daughters and is always thrilled when they compliment her quilts and asking 'Is there a new quilt in the works for me?'

Search Deborah and Marilyn out at the meetings to get the latest on their quilting adventures!




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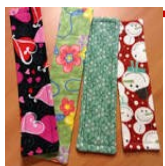
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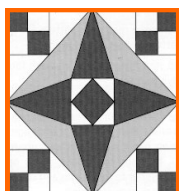
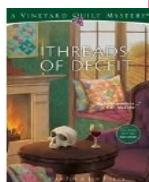


Bonne Femme Book Group

We will meet for lunch (no book) on Dec. 15 at Upper Crust at 12:30. Please let me know if you plan to attend so I can provide a rough count. As we did last year, we will again exchange bookmarks (optional). You can make or buy the bookmark. Each of us will order lunch separately. Bettina Havig 573-819-1774 or [bettinaqc@socket.net](mailto:bettinaqc@socket.net)

The January book is *THREADS OF DECEIT*, Mae Fox and Jan Fields.



The purpose of the Guild is to promote fellowship among persons interested in all aspects of quilt making:

- ◆ To preserve all quilt making heritage and traditions;
- ◆ To promote an appreciation of fine design and workmanship;
- ◆ To encourage quilt making and collecting;
- ◆ To participate in quilt-related projects that are of service to the community;
- ◆ And to contribute to the knowledge of quilt making techniques, textiles, patterns and quilt makers through education.

Booneslick Trail Quilt Guild was founded in 1978.

There's more to your library

Library News

The BTQG Library has a large number of books related to the Christmas season. A few of books are mentioned below:

Laurel Burch Christmas  
by Laurel Burch



Quilted for Christmas, Books 1—4  
from That Patchwork Place Quick Country

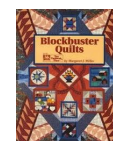
Christmas Quilts by  
Debby Mumm



The Christmas Quilt by  
Jennifer Chiaverini



Blockbuster Quilts by  
Margaret Miller



Stripes in Quilts by  
Mary Mashuta



Uncoverings 2015 from the  
American Quilt Study Group



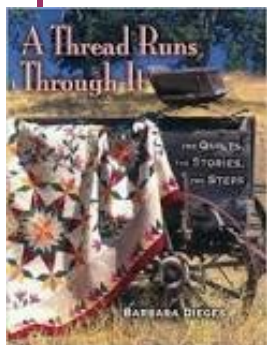
A wonderful collection to peak your curiosity!

Louise Bequette and Sandy Womack  
BTQG Librarians



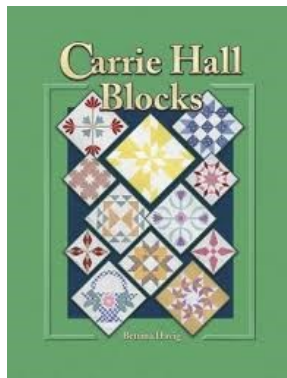
### Two of My Favorite Quilt Books

Almost every evening I choose a couple of quilt books from my personal library, pour me a very nice glass of wine, sit back and just thoroughly enjoy being inspired by other quilters. I have 2 favorites to recommend for you to check out of our BTQG Library:



Barbara Dieges' book, A THREAD RUNS THROUGH IT—The Quilts, The Stories, The Steps. I love love love this book! It is a compilation of quilts made by Anna Maria Saller, born on a small farm in the northeast in 1839. In 1866 she married John Ellison, a cabinet maker. The author includes an extensive first section of general patchwork instructions--from basic information, applique, cutting, piecing, all the way to finishing and binding. **AND THEN** it is a rich story of Anna Maria's life through her quilts. About 14 of her quilts are showcased; each includes an endearing note from Anna Maria about the quilt (YUM!!!!), a beautiful photo of the quilt, and instructions for making the quilt. You will so love getting acquainted with this beautiful quilt maker from the 1800's and listening and seeing her life story through her quilts. I will just bet you find that you have several things in common with her!

Then the other book I chose to enjoy last night--yet again--was CARRIE HALL BLOCKS by our Bettina Havig. This is a visually beautiful book with "over 800 historical patterns from the collection of the Spencer Museum of Art, University of Kansas." Bettina wrote a wonderful introduction to Carrie Hall and her path to collecting quilt blocks.....she also included a quilt poem written by Carrie Hall.....and.....a poem about quilting/quilters written by a poet with my most "favoritist" name in the world, Cynicky Phin.....do you not love that name!? Anyway, if you want to somewhat gorge yourself with eye candy in the form of quilt blocks, check out this book.

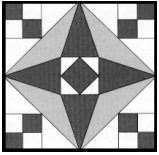


A comfortable chair is no use to anyone without a good book.

.....*have fun!!!*.....*Mindy*







P.O. Box 542  
Columbia, MO 65205-0542



december: (də-'sem-bar) -n.

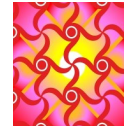
a month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true



- |                   |        |
|-------------------|--------|
| Joyce Campbell    | Dec 3  |
| Nancy Toalson     | Dec 3  |
| Elaine Trout      | Dec 4  |
| Lou Beasley       | Dec 6  |
| Janice Tompkins   | Dec 10 |
| Linda Rexroth     | Dec 13 |
| Vivian A. Tompson | Dec 13 |
| Donna Burris      | Dec 17 |
| Marcelline Strube | Dec 20 |
| Carolyn Schaefer  | Dec 27 |
| Micki Ferguson    | Dec 28 |



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Thursday, December 3, 2015  
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Remember Show and Tell



**BTQG is on the Web**

**[HTTP://BTQG.MISSOURI.ORG](http://BTQG.MISSOURI.ORG)**



**<https://www.facebook.com/booneslicktrail?fref=nf>**  
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*Member of Heartland Quilt Network*

**O u r M e e t i n g P l a c e**

**Fairview United Methodist Church  
3200 Chapel Hill Road  
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